



## March 2022 Newsletter

From the Superintendent's desk:

I'm not sure where the month of February went, but time is flying by. February was an awesome month for the Bulldogs as we had many exciting and successful things happening for our students and staff. I want to start off by congratulating Mrs. Graham and the FFA students. There were many outstanding achievements by students who competed and qualified for the upcoming state FFA conference in Lincoln. Winning first place at districts and qualifying for state included Alex Shemek in Biotechnology, placing 2<sup>nd</sup> and qualifying for state was Paxton Bertrand and placing 3<sup>rd</sup>, and also qualifying for state was Jett Spier. The Biotechnology team of Alex, Paxton, and Jett also won the Biotechnology contest and qualified as a team for the state conference. The Agronomy team consisting of Keith Pfeifer, Kelly Pfeifer, Tristen Classen, and Cooper Beller placed 2<sup>nd</sup> and qualified for state FFA. Addison Schneider qualified for state by placing 3<sup>rd</sup> in Food Science. Karley Vering, Alex Renninger, Isabella Behle, and Morgan Hake placed 2<sup>nd</sup> as a team in Food Science and also qualified for state. Congratulations to Mrs. Graham and all these awesome students and good luck at the state FFA contest in Lincoln.

Last month I referenced the boys and girls bowling teams competing in District bowling. The HLHF girls team did an outstanding job at districts and qualified for the state bowling meet in Lincoln on February 8, 2022. February 8 was a special day for the girl's team and coaches as they finished in 2<sup>nd</sup> place at the NSAA State Bowling championships held at Sun Valley Lanes in Lincoln. This is an outstanding accomplishment because there is only one NSAA class for bowling, meaning our students were bowling against Class A, B, and C schools in the state tournament. The Bulldogs first opponent was against the Fremont Tigers and the girls team won three games to 1. The girls then faced another Class A opponent in the Papillion-LaVista South Titans and once again came out victorious winning 3 games to 2. The Bulldogs faced a familiar opponent in the girls from Wayne High School who won the district meet in Norfolk. The girls gave a valiant effort vs Wayne but lost the semi-final match 3 games to 1. Because this is a double elimination tournament format, the girls went to the

loser's bracket and were determined to have another shot against Wayne. The Bulldogs again faced Fremont High School and the result was even more dominant than the first match with the girls winning 3 games to 0. The finals were next, in order to win the championship, the girls had to win two matches to claim the state title. Our coaches Mr. Nate Stone and Mr. Dustin Christiansen had the girls well prepared for the tournament and were excited to compete against Wayne in the state championship match. Unfortunately, the girls came up just short losing the state championship match 3 games to 0. Despite the loss, the HLHF Girls Bowling team came home with the Class A State Bowling Runner-up trophy and medals and will be very proud of the banner that will hang forever in the gymnasium. Their effort and determination made our school very proud knowing we were the second best girls high school bowling team in the state of Nebraska. The girl's teams consisted of seniors Caitlynn Gronenthal and Paige Nolan, sophomores Ashley Pfeifer, Schuyler Heesacker, and Morgan Hake, and freshman Isabella Behle. Great job girls and coaches, congratulations and know that you are 100% Bulldog AWESOME!!!

The girls and boys varsity basketball teams also had a very successful February. The girls won the district final basketball game beating the Overton Eagles in a game played at Hampton. With the victory, the girls basketball team and coaches qualified for the state tournament. The boys basketball team added to the celebration as they played the Maxwell Wildcats in the district basketball final at Broken Bow and won in convincing fashion that also qualified the boys team for the state tournament. Congratulations to the girls and boys teams and the coaches and good luck to both teams as they begin their quest for a State Championship. The state basketball tournament is a bit different this year as both teams are playing the same week. The boys are in Class C2 and their first game is on Monday, March 7. The girls are in Class D1 and their first game is on Tuesday, March 8. Once the state tournament brackets are finalized, we will determine school related information and share it out on our Connect 5 message system.

The Speech team has been competing at a high level once again, Humphrey Public will be hosting the Class D1-2 speech meet on Friday, March 4 that starts at 9:00 a.m. I would encourage you to attend the meet to support our awesome Speech team and coaches. I know they would greatly appreciate the support as they begin their quest for another state championship. Good luck to all the speech students and our awesome coaches Mrs. Hogancamp and Mrs. Lovercheck in districts and state.

My next congratulations goes out to our newly inducted National Honor Society members. On Monday, January 24, Humphrey Public School and our National Honor Society sponsor Mrs. Hogancamp hosted a ceremony inducting our newest members into the prestigious Humphrey Public School JJ Malone National Honor Society Chapter. Congratulations to Matthew Gronenthal, Abilyn Schneider, Alivia Schemek, Morgan Hake, Jenaya Wemhoff, Dalton Weidner, Alisha Dahlberg, and Allison Bystrzynski on this prestigious honor and earning membership into the Humphrey chapter. Each chapter throughout Nebraska and across the US are based on the four pillars of NHS. The first pillar is **Scholarship**, where students must have a cumulative GPA of 85%, B, 3.0 on a 4.0 scale, or equivalent standard of excellence. The second pillar is **Service**, this involves voluntary contributions made by a student to the school or community without compensation. The third pillar is **Leadership**, where students must have leadership experiences from school or community activities while working with or for others. The fourth pillar is **Character**, meaning students must have good character, be cooperative; demonstrate high standards of honesty and reliability; show courtesy, concern, and respect for others; and maintain a clean disciplinary record. Congratulations once again to our newest National Honor Society

members and thank you to Mrs. Hogancamp for her outstanding leadership with our National Honor Society students.

Another item I want to discuss is the 2022-2023 information for our Preschool program. We advertised the Preschool application in the February 23 edition of the Humphrey Democrat. You can also access the information on the school website at <https://www.humphreybulldogs.org/>, go to the Parent Connection heading, click on it and you will see the preschool heading which contains the Preschool Acceptance Criteria, the Registration form along with the Preschool Handbook. By posting the information in multiple locations, our goal is to ensure all parents of preschool children living in the Humphrey Public School District #67 receive this information and have opportunities to enroll their children. You are also welcome to stop by the office to pick up a registration form. Humphrey Public School will begin taking preschool applications for the 2022-2023 school year on Wednesday, March 2. All applications **MUST** be returned in-person to Mr. King or Mr. Sjuts. We will be able to take a maximum of 20 students in each age level, if we have over 20 students, we will follow the preschool acceptance criteria located on the school website. If you have any questions, please contact our preschool teacher Mrs. Driescher, Mr. King or myself as we would be happy to help you or answer any questions you may have.

I am currently working on the 2022-2023 school calendar and hope to have it approved at the April 11 school board meeting. This calendar will also include the preschool calendar and graduation date. Once this is finalized, I will post it on the school website and communicate with our parents via a Connect 5 message.

As I do with all my newsletters, I want to emphasize to our patrons in the district, should you ever have any questions, please call and get the answers. This will help curb misinformation and eliminate rumors and your concerns. Clear and open communication between the community and the school are vital areas in the success of our school.

Mr. Sjuts



March 2022

With the warm weather we have had in the last few weeks, we would think that it is late March. Make sure you take the time to enjoy these warm days! On the other hand, we are coming to the end of the 3<sup>rd</sup> quarter here on March 10<sup>th</sup>.

A couple of things to keep in mind as we start March.

- District Speech will be on Friday March 4<sup>th</sup>. Also, we will not have school on this date.
- Both the boys' and girls' basketball teams have qualified for the state tournament. State will be held in Lincoln during the week of March 7<sup>th</sup>-12<sup>th</sup>.
- The Jr class will be taking the ACT on March 22<sup>nd</sup>. The test will be held at the Humphrey Community Center. Please speak with your student on the importance of the ACT test. This version of the ACT test is free to the student and parents.
- Sr skip day will be on April 1<sup>st</sup>. Please contact Mrs. Lovercheck on details of the day. She will send out more information as it comes available.
- Parents, please speak with your child on safe and proper use of cell phones. As a reminder, we I request that if a cell phone is brought to school that it be left in the student's locker. I also request that the cell phone not be taken into the PE locker room.
- Keep an eye on students as we end the winter activity season and enter the spring season. Student's grades tend to dip between seasons. Some students struggle without the motivation and/or structure of an activity.
- Last, remember that for the rest of the school year ALL breakfast and lunch are free to all students. We encourage everyone to take advantage of this opportunity. If you decide to bring a home lunch, this is fine. However, under federal law students are not allowed to have food that is wrapped in commercial packaging (i.e. McDonald's, Subway, and Canes).

Thank you all!  
Mr. Kirby



# **MARCH**

## **ELEMENTARY NEWS**

### **From the Desk of Mr. King:**

It is hard to believe that we are already in the month of March! This year has been flying by. I hope this letter finds everyone doing well. I don't know about you, but I am ready for spring and summer weather to stick around. The end of the third quarter is just around the corner. The quarter ends on Thursday, March 10, 2022, with the fourth quarter starting on Monday, March 14, 2022.

With every spring comes another round of assessments. We will be conducting both district and state assessments towards the end of March and into April. It is highly important that your student be in school on the testing dates, as it gets a little tricky to get those tests made up on time.

On Monday, February 7, 2022 we held our second round of parent teacher conferences. We had another great turn out and appreciate those that were able to join us. If you were unable to attend, please contact your child's teacher to schedule a time to speak with them. They would be glad to meet with you and discuss your student's progress.

A few events that will be coming up in the elementary are as follows:

- Elementary Title 1 Family Night is Thursday, March 24, 2022 at 6:30pm
- Kindergarten round-up is Thursday, March 31, 2022 starting at 2:30pm.
- Elementary music concert is Monday, May 9, 2022 starting at 6:30pm.
- Elementary field trips will start in April and go through the beginning of May. Your child's teacher will be communicating details as they are scheduled.

As I wrap up my letter, please remember that my door is always open if you ever feel the need to talk about any concerns that you may have. If you ever have any questions, please feel free to contact me. Until my next letter, have a wonderful March!

**MR KING**



Greetings from the Counselor,

Happy March! During this school year, we have had many students involved in some form of student activity. I want to take a second to congratulate all of our OUTSTANDING Bulldog students. It simply amazes me how dedicated, creative, and successful our students are. No matter what activity it is, we are always represented well, and I am so proud of our students. There is a direct correlation between success in life and being involved in activities while in high school. I encourage all of our students to continue to be involved. The social skills, time management, perseverance, and hard work taught through these activities is irreplaceable. Not to mention, the pure joy many of you will have from being involved.

Elementary: The past month in elementary, we have discussed manners, encouragement, inclusion, teamwork, and pursuing our dreams.

In the future, we will continue to work on more social skills and individual emotional management. I will continue to discuss future careers with our students. Research shows the younger we talk about careers and college education, the more likely our students are to be successful within their career and college. I encourage all parents to have these conversations with students at home. With your help, all students will be able to develop future plans that are obtainable and achievable.

Junior High:

1. As always, keep working hard, and finish the year strong. Continue to be involved in all ways possible.
2. You all have wonderful resources in the high school students that would be able to answer questions you might have on certain activities. They may also provide you with helpful hints to help you succeed in school. Don't be afraid to ask questions. You are the person who will benefit the most from it.
3. Continue to research possible career paths for your future. No decisions need to be made just yet, but the more you research and look into careers, the more prepared you are to make a future decision.

9<sup>th</sup>-10<sup>th</sup> Grades:

1. Similar to the junior high, finish this year strong. We are getting close and you may feel like you can coast the year out, but don't ruin all of the hard work you have put into this year.
2. If you have interest in specific colleges or career paths and would like more information, please let me know. I would love to help get into contact with the colleges and/or professionals within chosen career paths.
3. Continue to think about your future career. Also, look into the colleges that meet those needs as well as your own preferential needs. The sooner you research the colleges, the more likely you will be able to make a decision on your future college.

11<sup>th</sup> Grade:

1. The statewide ACT Date is approaching. We will test on March 22<sup>nd</sup>. We are currently completed the On to College curriculum, which was formally known as John Baylor Test Prep. I hope all are taking it seriously and soaking in as much information as possible. A good ACT score can have a huge effect on your future. Do what you can to prepare now so there are no regrets in the future!
2. Also, keep looking into colleges and future careers. If you need help setting up college visits or job shadows, please let me know. Both visits and shadows are very important ways in helping to determine future plans.
  - a. COVID has made some opportunities a bit more difficult to come by, but there are businesses allowing them. Communicate with me, and I can help set these up!

12<sup>th</sup> Grade:

1. It is scholarship season! I have sent out any scholarship that I am aware of. Please, take the time to read through them and see if you qualify. If you do qualify, take the time to fill out the scholarship. Remember, it is free money, and when you're in college, that is extremely helpful.
2. Many scholarships require letters of recommendation. When asking for these letters, provide the writer with adequate time to complete a solid recommendation. It also may be necessary to remind them if you have once asked, but remember to ask in a polite and respectful manner.
3. Have someone proof read your scholarship application. Sometimes, the determining factor is grammar. Make sure that you are not one who is not chosen because of this.
4. Be sure to finish the year strong. Although it is rare, if your academics slip drastically due to a lack of effort, colleges have reversed acceptance. On that note of colleges, if you have narrowed down your search, log into your college's portal and make sure all necessary information has been received. There may be financial aid awards to accept/decline, housing documents to complete, or small fees to pay. If you are unsure of what to do, please come in and see me. We can talk about what all of the information means.

As always, please contact me with any concerns you might have. I will do my very best to answer the question myself, or I will do my best to find the answer. Many of you upperclassmen may be nervous and stressed. That is totally normal. Let me know if I can help ease those nerves or stress in any way.

It's a great day to be a Bulldog!

Cami Oelsligle  
PK-12 School Counselor  
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camio@humphrey.esu7.org



Hip Hip Hooray! March is here and that means it is **Music In Our Schools Month!**



To be honest, every month is about celebrating music at Humphrey Public Schools for me! I so enjoy helping my favorite musicians sing, dance, read notation symbols, create, and play instruments! Starting with the youngest 4 yr. old preschoolers and kindergartners through the 6<sup>th</sup> grade students, I have the privilege to watch each of them grow in musical skill and knowledge. They share their creativity and determination as they learn new skills and I am proud to witness both!

We will celebrate music during the month of March in some fun ways! We will begin each week with a **Musical Monday Spirit Day!** The elementary students are encouraged to dress in the following ways: Please don't bring hats or extra props... just clothing! ☺

**Monday, March 7:** Wear clothing with heart shapes for the theme of Music In Our Schools Month: Music, The Sound of My Heart!

**Monday, March 14:** Wear bold, bright and crazy socks – Music Rocks my Socks!

**Monday, March 21:** Wear as much blue on your clothing as you can to celebrate some of the first purely American created music: We have Style – Blues Style!

**Monday, March 28:** Wear clothing with animal print (zebra, leopard, cheetah) or pictures of animals. We're Wild About Music!

There will also be an **Elementary Talent Show** in March! There will be more information given soon, but 1<sup>st</sup> – 6<sup>th</sup> graders will be encouraged to be creative in a musical way! They will have the opportunity to show their classmates their talent during music class on Friday, March 18<sup>th</sup> and two acts from each grade will be able to share their talents with the entire elementary on Friday, March 25<sup>th</sup>. More information will be sent home to families soon!

The **Elementary Spring Concert** has been scheduled for Monday, May 9<sup>th</sup> at 6:30 pm. All grades will perform during this concert, including the 5<sup>th</sup> and 6<sup>th</sup> grade bands under the direction of Mr. Bertrand. Please mark your calendars for an evening of musical magic! More information to come!

I am including some information about why music is an essential part of every child's education! There are additional links that further explain the research of how music benefits the young brain.

Music shouldn't be an "extra" part of a child's education. It is an essential part!

"Sing" cerely; ☺a☺d☺s

Mrs. Susan Whited



MUSIC IN OUR SCHOOLS MONTH™





# Why I Teach Music

(Author Unknown – some adaptations by Susan Whited)

## Music Is a Science

It is exact, specific; it demands exact acoustics. A conductor's full score is a chart – a graph which indicates frequencies, intensities, volume changes, melody and harmony all at once and with the most exact control of time.

## Music Is Mathematical

It is rhythmically based on the subdivision of time into fractions which must be done instantaneously – not worked out on paper.

## Music Is Literacy (added by Susan Whited)

Lyrics are often repetitive and include rhyme and rhythm that encourage the brain to retain knowledge. That repetition of reading from left to right help young readers practice fluency while adding vocabulary, as much music includes acting out the words with movement. Research shows the ability to keep a steady beat has a correlation with improved reading fluency. As students sing out loud with others, they hear those around them sing the same words. Music promotes visual, auditory, kinesthetic learning all at the same time!

## Music Is a Foreign Language

Most of the terms are in Italian, German or French; and the notation is certainly not English – but a highly developed kind of shorthand that uses symbols to represent ideas. The semantics of music is the most complete and universal language used throughout the world. Also, many songs we study are from other cultures, so students are exposed to different languages and places.

## Music Is Physical Education

It requires fantastic coordination of fingers, hands, arms, lip, cheek and facial muscles; in addition to extraordinary control of the diaphragmatic, back, stomach and chest muscles. These muscles respond instantly to the sound the ear hears and the mind interprets. Eye/hand coordination is needed to read the music symbols and react to create body percussion and play instruments. Dancing and moving is a big part of music where the whole body: muscles, heart and lungs get a “work out”.

## Music Is Social/Emotional Learning (added by Susan Whited)

Performing music often includes teamwork with a choir, band or orchestra. Working with a group teaches cooperation, as well as individual responsibility to improve the success of all. Learning any new thing comes with making mistakes which teaches determination, patience and hard work. There is often delayed gratification in learning a new skill, and the benefits of working alone and with a group to reach success is gratifying.

## Most of all, Music is Art

It allows a human being to take all these dry, technically boring (but difficult) techniques and use them to create emotion. That is one thing science cannot duplicate. Music allows for individual creativity and subjective opinions: understanding that the differences among us can help us be more united in our collective humanity.

# Music IS Literacy

- **Children who can keep the beat have improved fluency in language**

Read more here: <https://news.northwestern.edu/stories/2013/09/the-importance-of-keeping-the-beat/>

- **Reading a text more than once is a proven strategy to improve reading fluency - what better way than to learn a song?**

Read more here: [https://digitalcommons.wku.edu/cgi/viewcontent.cgi?article=1656&context=stu\\_hon\\_theses](https://digitalcommons.wku.edu/cgi/viewcontent.cgi?article=1656&context=stu_hon_theses)

- **In music, children practice discrimination between pitches, types of voices, inflections, high/low, loud/quiet**

Discriminating between similar auditory elements is **essential** for effective communication

Read more here: <https://www.luther.edu/oneota-reading-journal/archive/2012/learning-literacy-through-music/>

- **Decoding symbols, letters, words, and sentences, visual focus, and visual memory are part of music and literacy**

(Hansen et al., 2004) Read the book: **The Music and Literacy Connection** By Dee Hansen, Elaine Bernstorff, Gayle M. Stuber

- **Choral reading, repeated reading, echo reading and song reading are strategies to develop prosody. Learning songs improves fluency in language!!!**


Prosody is the third core element of fluency. It is defined as reading with expression

Read more Here: [https://www.ecu.edu.au/\\_data/assets/pdf\\_file/0005/663701/SA-DECS-Fluency-doc.pdf](https://www.ecu.edu.au/_data/assets/pdf_file/0005/663701/SA-DECS-Fluency-doc.pdf)

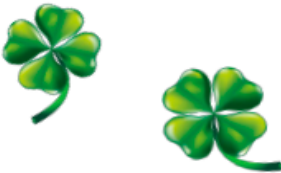


- **Fingerplays, chants and action songs are important tools to help children develop fluency and rhythm in language. Children learn new vocabulary, comprehension and fine motor skills as they show with their hands what the words mean.**
- **Songs teach many concepts: alphabet, counting, cultures, basic skills, and more!**

# Humphrey Public School

## MARCH 2022

| SUN                                      | MON  | TUES  | WED   | THURS  | FRI   | SAT                                    |
|--|--|---|---|--|---|--|
|  |  | 1<br>*HS Boys District Finals Basketball<br>*FFA Career Development @ CCC | 2<br>*Preschool Enrollment Opens                                    | 3  | 4<br><br>*District Speech @ HHS  | 5<br>*NHS Volunteer Project            |
| 6<br>*Booster Club/Post Prom Mtg 4:00pm  | 7  | 8   | 9<br>*Banking In School 7:30am                                      | 10<br>*End of 3rd Quarter  | 11<br>   | 12                                     |
| <i>Girls &amp; Boys State Basketball</i> |  |   |   |  |   |  |
| 13<br><i>daylight savings begins</i>     | 14<br>*School Board Meeting 7:30pm                                 | 15  | 16<br>*FFA Meeting 7:30am<br>*NECC Scholastic Contest               | 17<br><b>NO SCHOOL K-6</b><br><br><i>St. Patrick's Day</i> | 18<br>*State Speech @ Kearney   | 19                                     |
| 20                                       | 21   | 22<br>*ACT test   | 23<br>*Banking In School 7:30am                                     | 24<br>*NECC Quiz Bowl<br>*TITLE Parents Night 6:30pm   | 25<br>*Elementary Talent Show 2:30pm  | 26<br>*FFA Steak Feed & Silent Auction |
| 27                                       | 28<br>*ECH Quiz Bowl @ Pender<br>*Golf @ Beemer<br>*HS Track @ HHS | 29  | 30<br><b>1:00 Dismissal<br/>NO PRESCHOOL</b><br>*Teacher In-Service | 31<br>*ESU District Quiz Bowl @ Howells-Dodge<br>*HHS Kindergarten Round-Up 2:30pm   | <p>Activities are subject to change due to unforeseen scheduling conflicts, etc. Please watch the daily bulletin for the most up to date information. Thank You</p> <p>Check out the website &amp; watch for the most up to date information at:<br/> <a href="http://www.humphreybulldogs.org">www.humphreybulldogs.org</a> </p> |  |

# HUMPHREY PUBLIC SCHOOL MARCH 2022 MENU

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
|                               | <b>1</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Pork Patty on a Bun<br>Peas & Carrots<br>Peaches                    | <b>2</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Popcorn Shrimp or<br>Mac ~N ~Cheese<br>Tater Tots<br>Applesauce                    | <b>3</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Hot Ham and Cheese on a Bun<br>Baked Beans<br>Chips<br>Mandarin Oranges | <b>4</b><br>  |
| <b>7</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Salisbury Steak<br>Mashed Potatoes<br>Pineapple<br>Dinner Bun | <b>8</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Chicken Patty on a Bun<br>Baked Beans<br>Pears                      | <b>9</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Soft Shell Taco<br>Corn<br>Macaroni Salad<br>Peaches                               | <b>10</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Mini Corn Dogs<br>Sweet Potato Fries<br>Applesauce<br>Dinner Bun       | <b>11</b><br>   |
| <b>14</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Chicken Alfredo<br>Broccoli<br>Peaches<br>Breadstick         | <b>15</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Beef 'N Bean Burrito or Hot<br>Dog<br>Potato Smiles<br>Applesauce  | <b>16</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Chinese over Rice or Noodles<br>Pineapple<br>Fortune Cookie                       | <b>17</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Tornados<br>French Fries<br>Baked Beans<br>Pears<br>Cookie             | <b>18</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Cheese Pizza<br>Lettuce<br>Pineapple<br>Jello Salad  |
| <b>21</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Meatball Sub<br>Broccoli<br>Coleslaw<br>Pears                | <b>22</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Chicken Nuggets<br>Corn<br>Applesauce<br>Dinner Bun                | <b>23</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Flying Saucer<br>Mashed Potatoes<br>Green Beans<br>Mandarin Oranges<br>Breadstick | <b>24</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Hamburger on a Bun<br>Baked Beans<br>Chips<br>Apple                    | <b>25</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>PBJ or Mac~N~ Cheese<br>Potato Smiles<br>Banana  |
| <b>28</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Fiestada<br>Lettuce<br>Mandarin Oranges<br>Cookie            | <b>29</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Spaghetti w/Meat Sauce<br>Steamed Peas<br>Applesauce<br>Breadstick | <b>30</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Breakfast Sandwich<br>Tri-Tater<br>Fruit  | <b>31</b><br>Hot Sandwich/Cold Cereal<br>~~~~~<br>Sloppy Joe on a Bun<br>Baked Beans<br>Chips<br>Pears                   | Menus subject to change.<br>Choice of hot breakfast sandwich,<br>milk, water and juice offered daily<br>for breakfast. Choice of cold<br>sandwich, milk, water, fruit and<br>veggie bar offered daily for lunch.<br>Lunch alternate must be requested<br>by 9:00 am. USDA is an equal<br>opportunity provider & employer |